

Messages of hope in *May 2025*

4th May

Grandparenting – Finding the Fun

(Interview)

Like anything, grandparenting comes with its joys and its challenges. Hear Tania discuss with Julie Hahn about setting healthy boundaries, supporting parents, and how faith can provide comfort in grandparenting.

11th May

The Day Mum Disappeared

(Interview)

Where do you find hope when an illness like dementia changes the relationship you have with your parents? Matt shares the struggles and joys of being the child of ageing parents.

18th May

Finding Focus

(Interview)

With a growing number of people diagnosed with ADHD, hear Clare's story of being diagnosed as an adult. Find out how she was able to gain a better understanding of herself, her relationships, and her faith.

25th May

Families are like fudge

(Interview)

Families are like fudge – mostly sweet, with a few nuts! Although we can often find fault with our family, we can also find love, acceptance fun and opportunities. Hear Pastor Rob Schubert share his reflections on not-so-perfect families and why we can embrace our nuttiness.



Lutheran Media kicks off a year of celebrating 80 years!

If you live in South Australia or fancy a trip to the Barossa, we'd love you to join us for our **'Thank You Lunch'** on **Saturday 21st June**. Spaces are limited. For \$80, enjoy a 2-course meal with drinks, hear stories that have inspired us over the decades, participate in a silent auction, wine wall and much more. Go to lutheranmedia.org.au/about-us/events to purchase tickets and find out all the details of this event and events throughout the year.

Prayer Requests

- We give thanks for grandparents who go above and beyond caring for families.
- For families working through the challenges of ageing parents.
- For people faced with a challenging health diagnosis.
- For the strengthening of family relationships.

Lutheran Media 2026 Calendar Competition

Do you love taking photos of nature? Whether you're an amateur photographer or a novice, if you have a great photo to share, we are delighted to offer another chance at having your inspiring and original images in our Lutheran Media calendar. Cash prizes available for the top 3 entries. To enter, go to lutheranmedia.org.au/calendar-competition/ and take note of terms and conditions.

Entries close 31st May 2025.



Resources in May



<https://www.messagesofhope.org.au/dementia-booklet/>



<https://www.messagesofhope.org.au/contentment-booklet/>

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Reach millions with hope

including people in your community. Join with us to offer people hope in Jesus Christ by giving a donation online or via phone today. Thank you.